

June 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 1-7 Sun Safety Week	2	3	4	5	6 <i>Check with your doctor to see if generics are good for you.</i>
7 7-13 National Headache Awareness Week National Cancer Survivor's Day	8	9	10 <i>Have your blood pressure checked on a regular basis.</i>	11	12	13
14 Flag Day 	15 15-21 National Men's Health Week	16	17	18	19	20 <i>Check out www.silverscript.com for updates and plan parameters.</i>
21 Father's Day 1st day of Summer National ASK day	22	23	24 <i>SilverScript provides a health and wellness site from www.silverscript.com</i>	25	26	27
28 <i>Watch ALL kids around water.</i>	29 Look for your May Explanation of Benefits in the mail.	30		1-30 National Vision Research Month 1-30 National Scoliosis Month		